

**RED ASS  
NSW/ACT 4X AND DUAL SLALOM SERIES 2010**

**RIDER BRIEFING**

**4X ROUND 1  
THREDBO NSW  
27 FEBRUARY 2010**

**DUAL SLALOM ROUND 1  
THREDBO NSW  
28 FEBRUARY 2010**

**SERIES HOSTING CLUBS AND ORGANISATIONS:**



**SERIES AND CHAMPIONSHIPS SUPPORTERS:**



## Timetable

Usually we run Dual Slalom on Saturday and 4X on Sunday. The Thredbo and Stromlo rounds are an exception because they are together with the State Downhill Series.

### Saturday – 4X

Registration	1.30pm - 2pm
Training	1.30pm - 2.45pm
Rider Briefing	2.45p
Race Start	3pm
Finals	5.00pm
Ceremony	around 6.00pm

### Sunday - Dual Slalom

Registration	8am - 8.30am
Training	8am - 9am
Rider Briefing	9am
Race Start	9.15am
Break	11.30am - 12.00pm
Finals	12.00pm
Ceremony	generally not later than 1pm

The first round will also be the first round of the Downhill State Series which will be on Sunday from 12pm with practice all day Saturday and Sunday morning.

## IMPORTANT REGISTRATION INFO NEW FOR 2010

Registration will only be open at the above mentioned for 30 minutes only. We need the time afterwards for the seeding and can only do that once we know final rider numbers. Late registrations mean that we need to do all the seeding again. To speed things up we will not allow late registrations this year. If you have registered online and are running late on the day - no problem at all but you need to let us know by calling or sending a text message. That way we know you are coming and will include you in the seeding. Our numbers are:

Juliane 0416 737 972

Martin 0403 090952

### Location and how to get there

Thredbo, NSW

Have a look here:

[http://www.thredbomountainbiketours.com.au/find\\_us.html](http://www.thredbomountainbiketours.com.au/find_us.html)

**Categories**

The categories available range from beginner to seasoned racer. If it is your first time racing give Dual Slalom a go and see how you like it!

- Under 13
- Under 15
- Under 17
- Under 19
- A (former Elite)
- B (former Expert)
- C (former Sport)
- Masters 1+2
- Masters 3+
- Junior Women
- Elite Women

**Food and Drinks**

The events will be catered by delicious Red Ass food. Canned drinks will be on sale as well.

## The track

Pictures say more than a thousand words...

<http://www.facebook.com/search/?q=thredbo&init=quick#/photo.php?pid=3069481&id=148413739012>

## Cost

Please register online at [www.rockytrailentertainment.com](http://www.rockytrailentertainment.com) to save yourself money and time at registration. Online registration will close on Thursday night before the race at 9pm.

<b>online</b>	
4X	\$45
Dual Slalom	\$45
combined	\$70
<b>on the day</b>	
4X	\$60
DS	\$60
combined	\$90

Day Licenses cost \$15 and are valid for the entire weekend.

## First Aid

We will have first aid personnel on site during practice and racing.



**Bike and protective gear requirements**

A mountain bike has functional front and back brakes. The mountain bike then obeys the two out of three rule:

1. the bike has front suspension
2. the bike has gears
3. the bike has 26" to 29" wheels

a mountain bike needs two of the above three to qualify as a 4X or Dual Slalom mountain bike. Full face helmet with all body covered is required for 4X. No riding without helmet or registration.

**Required Racing Licence**

You need to have a valid MTBA licence or Day Licence to race at the event. You get the MTBA licence by joining your local MTB club.

At registration on the day we need to see that valid licence - if you forget yours you will have to buy a Day Licence which cost \$15.

**Prizes**

will be announced soon.

**Conditions of participation**

All competitors understand the following Conditions of participation:

1. All those taking part in the event as outlined below do so at their own risk and responsibility.
2. Participants agree to abide by the participation rules and policies adopted from time to time by Mountain Bike Australia (MTBA) and the hosting club.
3. MTBA and all parties involved with the event including Rocky Trail Entertainment Pty Ltd will not accept any liability to the extent permitted by law for loss, damage, injury or inconvenience that might occur to any person or goods as a consequence of participation in the event.
4. Participants consent to the administration of first aid and other medical treatment in the event and an injury and agree to pay the costs of any such treatment as required.
5. Participants in the event are strongly advised to take their own medical and ambulance insurance. You are responsible for these.
6. Helmets must be worn at all times when riding. Participants must wear full face helmets at the 4X and body armour during practice and competition periods is strongly suggested. Skull-cap helmets are not permissible.
7. Publicity Release: I unconditionally assign to MTB NSW and Rocky Trail Entertainment Pty Ltd all right title and interest I may have in any audio, visual or photographic recording of me and grant permission to use, display or publish it including for the purpose of advertisement, promotion or otherwise.

**Questions**

Just send an email to [cycle@rockytrailentertainment.com](mailto:cycle@rockytrailentertainment.com)