



# Rocky Trail MTB Grand Prix 2010 - Rd1, GP4+GP8

## Fastest Female Day Laps

17:00  
Sunday

Place	Time	Rider	Av Spd	Category	Team Name
1	28:17	Sarah Neumann	21.21	GP8 Mixed Team 2	Two Tyred
2	28:41	Kristen Vallance	20.92	GP4 Female Solo 40+	Kristen Vallance
3	28:44	Sarah Neumann	20.88	GP8 Mixed Team 2	Two Tyred
4	28:55	Kristen Vallance	20.75	GP4 Female Solo 40+	Kristen Vallance
5	28:58	Katrin Van Der Spiegel	20.71	GP8 Female Solo	Katrin Solo
6	29:00	Sarah Neumann	20.69	GP8 Mixed Team 2	Two Tyred
7	29:04	Katrin Van Der Spiegel	20.64	GP8 Female Solo	Katrin Solo
8	29:13	Katrin Van Der Spiegel	20.54	GP8 Female Solo	Katrin Solo
9	29:18	Sarah Neumann	20.48	GP8 Mixed Team 2	Two Tyred
10	29:20	Sarah Neumann	20.45	GP8 Mixed Team 2	Two Tyred
11	29:21	Lana Moy	20.44	GP8 Female Solo	Lana Moy
12	29:21	Sarah Neumann	20.44	GP8 Mixed Team 2	Two Tyred
13	29:27	Theresa Lancaster	20.37	GP8 Mixed Team 2	Clay and Theresa
14	29:28	Theresa Lancaster	20.36	GP8 Mixed Team 2	Clay and Theresa
15	29:29	Katrin Van Der Spiegel	20.35	GP8 Female Solo	Katrin Solo
16	29:40	Katrin Van Der Spiegel	20.22	GP8 Female Solo	Katrin Solo
17	29:42	Lana Moy	20.20	GP8 Female Solo	Lana Moy
18	29:45	Katrin Van Der Spiegel	20.17	GP8 Female Solo	Katrin Solo
19	29:55	Katrin Van Der Spiegel	20.06	GP8 Female Solo	Katrin Solo
20	30:01	Kristen Vallance	19.99	GP4 Female Solo 40+	Kristen Vallance



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Place	Time	Rider	Av Spd	Category	Team Name
21	30:04	Kristen Vallance	19.96	GP4 Female Solo 40+	Kristen Vallance
22	30:08	Sarah Neumann	19.91	GP8 Mixed Team 2	Two Tyred
23	30:08	Tracey Robinson	19.91	GP8 Mixed Team 2	Torc Team
24	30:20	Tracey Robinson	19.78	GP8 Mixed Team 2	Torc Team
25	30:27	Katrin Van Der Spiegel	19.70	GP8 Female Solo	Katrin Solo
26	30:28	Lana Moy	19.69	GP8 Female Solo	Lana Moy
27	30:34	Theresa Lancaster	19.63	GP8 Mixed Team 2	Clay and Theresa
28	30:35	Michelle Ferris	19.62	GP4 Mixed Team 2	Shimano Rockstar 2
29	30:38	Lana Moy	19.59	GP8 Female Solo	Lana Moy
30	30:41	Theresa Lancaster	19.55	GP8 Mixed Team 2	Clay and Theresa
31	30:42	Tracey Robinson	19.54	GP8 Mixed Team 2	Torc Team
32	30:45	Katrin Van Der Spiegel	19.51	GP8 Female Solo	Katrin Solo
33	30:49	Kate Heynes	19.47	GP8 Female Solo	Kate Heynes
34	30:54	Katrin Van Der Spiegel	19.42	GP8 Female Solo	Katrin Solo
35	30:56	Michelle Ferris	19.40	GP4 Mixed Team 2	Shimano Rockstar 2
36	31:09	Diane Perry	19.26	GP8 Female Solo	Diane Perry
37	31:12	Kate Heynes	19.23	GP8 Female Solo	Kate Heynes
38	31:13	Michelle Ferris	19.22	GP4 Mixed Team 2	Shimano Rockstar 2
39	31:13	Kristen Vallance	19.22	GP4 Female Solo 40+	Kristen Vallance
40	31:15	Lana Moy	19.20	GP8 Female Solo	Lana Moy



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Place	Time	Rider	Av Spd	Category	Team Name
41	31:18	Kristen Vallance	19.17	GP4 Female Solo 40+	Kristen Vallance
42	31:30	Katrin Van Der Spiegel	19.05	GP8 Female Solo	Katrin Solo
43	31:31	Larri Brittan	19.04	GP4 Female Solo 40+	Larri Brittan
44	31:32	Vanessa Boatwright	19.03	GP4 Mixed Team 2	Team Boatwright
45	31:34	Rachel Miller	19.01	GP8 Mixed Team 3	You, Me And The Warrior
46	31:38	Katrin Van Der Spiegel	18.97	GP8 Female Solo	Katrin Solo
47	31:45	Tracey Robinson	18.90	GP8 Mixed Team 2	Torc Team
48	31:52	Theresa Lancaster	18.83	GP8 Mixed Team 2	Clay and Theresa
49	31:52	Tracey Robinson	18.83	GP8 Mixed Team 2	Torc Team
50	31:55	Katrin Van Der Spiegel	18.80	GP8 Female Solo	Katrin Solo
51	32:07	Rachel Miller	18.68	GP8 Mixed Team 3	You, Me And The Warrior
52	32:09	Kathryn Cox	18.66	GP4 Female Solo	Kathryn Cox
53	32:17	Kate Heynes	18.59	GP8 Female Solo	Kate Heynes
54	32:24	Diane Perry	18.52	GP8 Female Solo	Diane Perry
55	32:28	Ann Holden	18.48	GP8 Female Solo	Ann Holden
56	32:29	Rachel Miller	18.47	GP8 Mixed Team 3	You, Me And The Warrior
57	32:30	Kathryn Cox	18.46	GP4 Female Solo	Kathryn Cox
58	32:31	Emily May	18.45	GP4 Female Solo	Emily May
59	32:31	Lana Moy	18.45	GP8 Female Solo	Lana Moy
60	32:32	Vanessa Boatwright	18.44	GP4 Mixed Team 2	Team Boatwright



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Place	Time	Rider	Av Spd	Category	Team Name
61	32:36	Rachel Miller	18.40	GP8 Mixed Team 3	You, Me And The Warrior
62	32:38	Ann Holden	18.39	GP8 Female Solo	Ann Holden
63	32:39	Kate Heynes	18.38	GP8 Female Solo	Kate Heynes
64	32:42	Emily May	18.35	GP4 Female Solo	Emily May
65	32:44	Katrin Van Der Spiegel	18.33	GP8 Female Solo	Katrin Solo
66	32:47	Kristen Vallance	18.30	GP4 Female Solo 40+	Kristen Vallance
67	32:51	Kathryn Cox	18.26	GP4 Female Solo	Kathryn Cox
68	32:51	Lana Moy	18.26	GP8 Female Solo	Lana Moy
69	32:53	Larri Brittan	18.25	GP4 Female Solo 40+	Larri Brittan
70	32:54	Kathryn Cox	18.24	GP4 Female Solo	Kathryn Cox
71	32:55	Kathryn Cox	18.23	GP4 Female Solo	Kathryn Cox
72	33:09	Larri Brittan	18.10	GP4 Female Solo 40+	Larri Brittan
73	33:16	Lana Moy	18.04	GP8 Female Solo	Lana Moy
74	33:20	Larri Brittan	18.00	GP4 Female Solo 40+	Larri Brittan
75	33:20	Ann Holden	18.00	GP8 Female Solo	Ann Holden
76	33:21	Vanessa Boatwright	17.99	GP4 Mixed Team 2	Team Boatwright
77	33:24	Diane Perry	17.96	GP8 Female Solo	Diane Perry
78	33:27	Ann Holden	17.94	GP8 Female Solo	Ann Holden
79	33:27	Kathryn Cox	17.94	GP4 Female Solo	Kathryn Cox
80	33:28	Kathryn Cox	17.93	GP4 Female Solo	Kathryn Cox



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Place	Time	Rider	Av Spd	Category	Team Name
81	33:38	Diane Perry	17.84	GP8 Female Solo	Diane Perry
82	33:44	Diane Perry	17.79	GP8 Female Solo	Diane Perry
83	33:51	Kate Heynes	17.73	GP8 Female Solo	Kate Heynes
84	33:51	Diane Perry	17.73	GP8 Female Solo	Diane Perry
85	33:53	Larri Brittan	17.71	GP4 Female Solo 40+	Larri Brittan
86	33:57	Kristen Vallance	17.67	GP4 Female Solo 40+	Kristen Vallance
87	33:57	Lauren Rennick	17.67	GP4 Female Solo	Lauren Rennick
88	33:57	Ann Holden	17.67	GP8 Female Solo	Ann Holden
89	33:58	Rachel Miller	17.66	GP8 Mixed Team 3	You, Me And The Warrior
90	33:59	Diane Perry	17.66	GP8 Female Solo	Diane Perry
91	34:00	Theresa Lancaster	17.65	GP8 Mixed Team 2	Clay and Theresa
92	34:01	Larri Brittan	17.64	GP4 Female Solo 40+	Larri Brittan
93	34:04	Diane Perry	17.61	GP8 Female Solo	Diane Perry
94	34:11	Emily May	17.55	GP4 Female Solo	Emily May
95	34:16	Kate Heynes	17.51	GP8 Female Solo	Kate Heynes
96	34:19	Ann Holden	17.48	GP8 Female Solo	Ann Holden
97	34:29	Kate Heynes	17.40	GP8 Female Solo	Kate Heynes
98	34:31	Diane Perry	17.38	GP8 Female Solo	Diane Perry
99	34:33	Ann Holden	17.37	GP8 Female Solo	Ann Holden
100	34:36	Kate Heynes	17.34	GP8 Female Solo	Kate Heynes



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Place	Time	Rider	Av Spd	Category	Team Name
101	34:37	Kathryn Cox	17.33	GP4 Female Solo	Kathryn Cox
102	34:41	Lana Moy	17.30	GP8 Female Solo	Lana Moy
103	34:43	Larri Brittan	17.28	GP4 Female Solo 40+	Larri Brittan
104	34:48	Kate Heynes	17.24	GP8 Female Solo	Kate Heynes
105	34:50	Larri Brittan	17.22	GP4 Female Solo 40+	Larri Brittan
106	34:50	Lana Moy	17.22	GP8 Female Solo	Lana Moy
107	34:51	Diane Perry	17.22	GP8 Female Solo	Diane Perry
108	34:58	Ann Holden	17.16	GP8 Female Solo	Ann Holden
109	35:02	Ann Holden	17.13	GP8 Female Solo	Ann Holden
110	35:08	Lana Moy	17.08	GP8 Female Solo	Lana Moy
111	35:09	Lauren Rennick	17.07	GP4 Female Solo	Lauren Rennick
112	35:20	Ann Holden	16.98	GP8 Female Solo	Ann Holden
113	35:24	Ann Holden	16.95	GP8 Female Solo	Ann Holden
114	35:32	Emily May	16.89	GP4 Female Solo	Emily May
115	35:34	Vanessa Boatwright	16.87	GP4 Mixed Team 2	Team Boatwright
116	35:36	Diane Perry	16.85	GP8 Female Solo	Diane Perry
117	35:37	Lana Moy	16.85	GP8 Female Solo	Lana Moy
118	35:41	Diane Perry	16.81	GP8 Female Solo	Diane Perry
119	36:00	Lana Moy	16.67	GP8 Female Solo	Lana Moy
120	36:01	Diane Perry	16.66	GP8 Female Solo	Diane Perry



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Place	Time	Rider	Av Spd	Category	Team Name
121	36:04	Lana Moy	16.64	GP8 Female Solo	Lana Moy
122	36:19	Sue Tripney	16.52	GP4 Female Solo	Sue Tripney
123	36:30	Ann Holden	16.44	GP8 Female Solo	Ann Holden
124	36:31	Lauren Rennick	16.43	GP4 Female Solo	Lauren Rennick
125	36:38	Sue Tripney	16.38	GP4 Female Solo	Sue Tripney
126	36:42	Lauren Rennick	16.35	GP4 Female Solo	Lauren Rennick
127	36:59	Sue Tripney	16.22	GP4 Female Solo	Sue Tripney
128	37:03	Sue Tripney	16.19	GP4 Female Solo	Sue Tripney
129	37:08	Kate Heynes	16.16	GP8 Female Solo	Kate Heynes
130	37:14	Diane Perry	16.11	GP8 Female Solo	Diane Perry
131	37:24	Wendy Stevenson	16.04	GP8 Female Solo	Wendy Stevenson
132	37:32	Emily May	15.99	GP4 Female Solo	Emily May
133	37:49	Wendy Stevenson	15.87	GP8 Female Solo	Wendy Stevenson
134	37:49	Kate Heynes	15.87	GP8 Female Solo	Kate Heynes
135	37:54	Wendy Stevenson	15.83	GP8 Female Solo	Wendy Stevenson
136	37:54	Kate Heynes	15.83	GP8 Female Solo	Kate Heynes
137	38:03	Lauren Rennick	15.77	GP4 Female Solo	Lauren Rennick
138	38:11	Kate Heynes	15.71	GP8 Female Solo	Kate Heynes
139	38:24	Ann Holden	15.63	GP8 Female Solo	Ann Holden
140	38:35	Wendy Stevenson	15.55	GP8 Female Solo	Wendy Stevenson



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Place	Time	Rider	Av Spd	Category	Team Name
141	39:01	Theresa Lancaster	15.38	GP8 Mixed Team 2	Clay and Theresa
142	39:12	Sue Tripney	15.31	GP4 Female Solo	Sue Tripney
143	39:35	Wendy Stevenson	15.16	GP8 Female Solo	Wendy Stevenson
144	39:44	Jane Roberson	15.10	GP4 Mixed Team 2	Hopkins
145	39:44	Sue Tripney	15.10	GP4 Female Solo	Sue Tripney
146	40:08	Lauren Rennick	14.95	GP4 Female Solo	Lauren Rennick
147	41:06	Emily May	14.60	GP4 Female Solo	Emily May
148	41:13	Wendy Stevenson	14.56	GP8 Female Solo	Wendy Stevenson
149	41:43	Fiona Morris	14.38	GP4 Mixed Team 2	City Bike Depot
150	41:47	Wendy Stevenson	14.36	GP8 Female Solo	Wendy Stevenson
151	42:01	Lindy Turnbull	14.28	GP4 Female Solo 40+	Lindy Turnbull
152	42:11	Wendy Stevenson	14.22	GP8 Female Solo	Wendy Stevenson
153	42:16	Wendy Stevenson	14.20	GP8 Female Solo	Wendy Stevenson
154	42:29	Fiona Morris	14.12	GP4 Mixed Team 2	City Bike Depot
155	42:44	Sue Tripney	14.04	GP4 Female Solo	Sue Tripney
156	43:20	Fiona Morris	13.85	GP4 Mixed Team 2	City Bike Depot
157	43:22	Jane Roberson	13.84	GP4 Mixed Team 2	Hopkins
158	43:45	Lindy Turnbull	13.71	GP4 Female Solo 40+	Lindy Turnbull
159	43:55	Wendy Stevenson	13.66	GP8 Female Solo	Wendy Stevenson
160	44:48	Kate Heynes	13.39	GP8 Female Solo	Kate Heynes





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Place	Time	Rider	Av Spd	Category	Team Name
161	45:19	Wendy Stevenson	13.24	GP8 Female Solo	Wendy Stevenson
162	45:50	Christine Pearsall	13.09	GP8 Female Solo	Christine Pearsall
163	46:39	Jenny Willis	12.86	GP4 Female Solo 40+	Jenny Willis
164	47:28	Emily May	12.64	GP4 Female Solo	Emily May
165	47:30	Jenny Willis	12.63	GP4 Female Solo 40+	Jenny Willis
166	47:42	Jenny Willis	12.58	GP4 Female Solo 40+	Jenny Willis
167	49:07	Lynne Higgs	12.22	GP4 Mixed Team 3	Flying Eagles
168	49:37	Jenny Willis	12.09	GP4 Female Solo 40+	Jenny Willis
169	50:37	Jenny Willis	11.85	GP4 Female Solo 40+	Jenny Willis
170	57:22	Christine Pearsall	10.46	GP8 Female Solo	Christine Pearsall
171	58:18	Christine Pearsall	10.29	GP8 Female Solo	Christine Pearsall
172	01:06:20	Nicole Prentice	9.05	GP4 Female Solo	Nicole Prentice
173	01:07:42	Kim Eagle	8.86	GP4 Mixed Team 3	Flying Eagles
174	01:50:39	Nicole Prentice	5.42	GP4 Female Solo	Nicole Prentice
175	01:57:59	Lindy Turnbull	5.09	GP4 Female Solo 40+	Lindy Turnbull